

Monotematico Training Autogeno - dal 08 ottobre 2021 al 05 giugno 2022

	sabato			domenica				
	9h00	13h00	14h00	18h00	9h00	13h00	14h00	18h00
08 ott. - 10 ott.	Training Autogeno 1		Training Autogeno 1	Training Autogeno 1		Training Autogeno 1	Training Autogeno 1	
22 ott. - 24 ott.	Training Autogeno 2		Training Autogeno 2	Training Autogeno 2		Training Autogeno 2	Training Autogeno 2	
12 nov. - 14 nov.	Training Autogeno 3		Training Autogeno 3	Training Autogeno 3		Training Autogeno 3	Training Autogeno 3	
03 dic. - 05 dic.	Training Autogeno 4		Training Autogeno 4	Training Autogeno 4		Training Autogeno 4	Training Autogeno 4	
14 gen. - 16 gen.	Training Autogeno 5		Training Autogeno 5	Training Autogeno 5		Training Autogeno 5	Training Autogeno 5	
04 feb. - 06 feb.	Training Autogeno 6		Training Autogeno 6	Training Autogeno 6		Training Autogeno 6	Training Autogeno 6	
11 mar. - 13 mar.	Training Autogeno 7		Training Autogeno 7	Training Autogeno 7		Training Autogeno 7	Training Autogeno 7	
01 apr. - 03 apr.	Training Autogeno 8		Training Autogeno 8	Training Autogeno 8		Training Autogeno 8	Training Autogeno 8	
06 mag. - 08 mag.	Training Autogeno 9		Training Autogeno 9	Training Autogeno 9		Training Autogeno 9	Training Autogeno 9	
03 giu. - 05 giu.	Training Autogeno 10		Training Autogeno 10	Training Autogeno 10		Training Autogeno 10	Training Autogeno 10	